



South African Powerlifting Federation

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Stonehurst Mountain Estate
Tokai
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Reg No 287-294 NPO
www.powerliftingsa.co.za

2025 World Classic Open Powerlifting Championships – Manager’s Report

South Africa sent 13 lifters and 3 officials to the World Classic Open Powerlifting Championships in Chemnitz, Germany from 8-15 June 2025. There were 387 participants from 60 countries. South Africa’s team was made up of 7 female and 6 male lifters, all having qualified at the 2025 SA Classic Powerlifting Championships for a place in the team.

Our lifters set 6 new SA National records, and 14 African records, and we had 2 top 10 placements.

Overall Results

The full results can be found here: <https://www.powerlifting.sport/championships/results/2025/world-open-classic-powerlifting-championships-2025>

Detailed Results

Below are the detailed results for Team SA from the Classic Bench Press Championships:

Name	Gender	Weight Cat	Squat	Bench	Deadlift	Total	Medal /Place	Records
Farzana Botha	Female	-52kg	90	65	157,5	213,5	20 th	SA M1 Deadlift, African Open DL, African M1 BP, DL Total and single-lift BP
Lindiwe Mehunu	Female	-63kg	142,5	80	182,5	405	25 th	SA Open Deadlift, African Open BP
Kristl-Joy Kannemeyer	Female	-69kg	127,5	90	160	377,5	24 th	SA M1 BP and single-lift BP African M1 BP, DL and single-lift BP
Pia Marangoni	Female	-76kg	152,5	80	170	402,5	19 th	African M1 BP and single-lift BP
Nicole Coopoosamy	Female	-84kg	202,5	110	220	532,5	9 th	African Open Squat
Olivia Perotti	Female	+84kg	210	110	195	515	11 th	

President : Johan Smith
Vice President (I) : Heather Leighton
Vice President (N) : Andre Ludik
Treasurer : Tarryn Valle (interim)
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Megan Wright	Female	+84kg	217,5	105	202,5	525	10 th	
Nathan Michael-Steyn	Male	-66kg	200	112,5	215	527,5	17 th	African M1 SQ and Total
Jethro Shaw	Male	-93kg	252,5	152,5	272,5	677,5	33 rd	
Nkosinathi Ntuli	Male	-93kg	250	155	300	705	31 st	
Daniel Duke	Male	-105kg	262,5	212,5	285	760	25 th	SA Open BP and single-lift BP
Jaco Jacobsz	Male	-105kg	275	107,5	350	792,5	20 th	
Daine Groenewald	Male	-120kg	250	170	305	725	20 th	

Referees and Officials

Referees and Jury: IPF TC Chair Hannie Smith, SA Head Coach Megan Leighton and Team Manager Heather Leighton officiated as referees and on the jury during the championship.

General Assembly

The Annual General Assembly of the IPF was held during this championship. During elections for the vacant EC seats the following people were duly elected:

- President : Sigurjon Petersson
- Vice President : Dietmar Wolf
- Treasurer : Detlev Albrings

Hannie Smith retains his position as Chair of the Technical Commission.

Heather Leighton retains her position as EC Board Member for the African Region

The next World Classic open Powerlifting Championships will be held in Dubai in 2026.

Heather Leighton (June 2025)



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